

McCloskey's  
Developmental  
Model of EF  
Capacities

**V. Trans-self Integration**

Sense of source, Cosmic consciousness

**IV. Self Generation**

Mind-Body Integration, Sense of Spirit

**III. Self Control:**

**Self Realization**

**Self Determination**

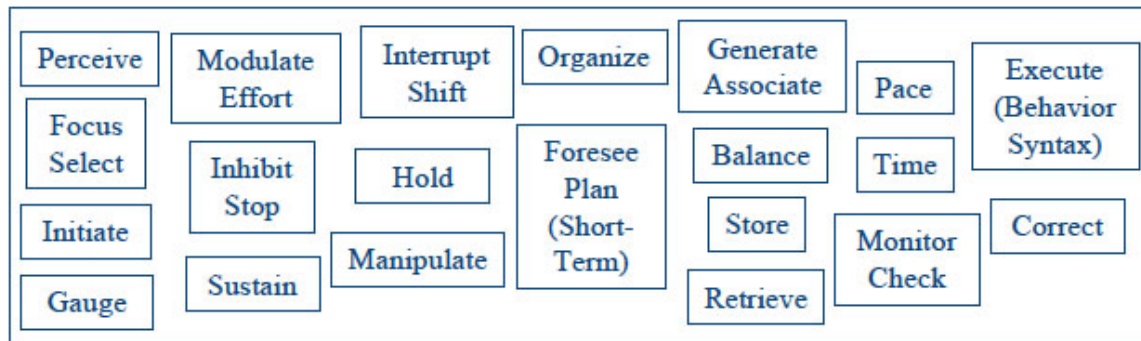
Self  
Awareness

Self  
Analysis

Goal  
Generation

Long-Term  
Foresight/Planning

**II. Self Control: Self Regulation**



**I. Self Control: Self Activation**

Awaken, Attend

